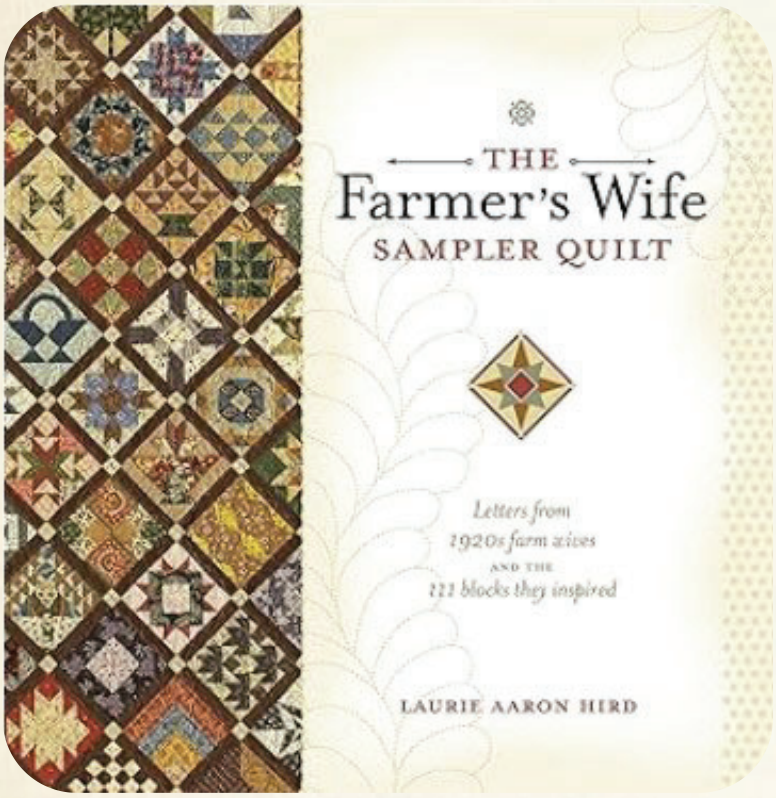
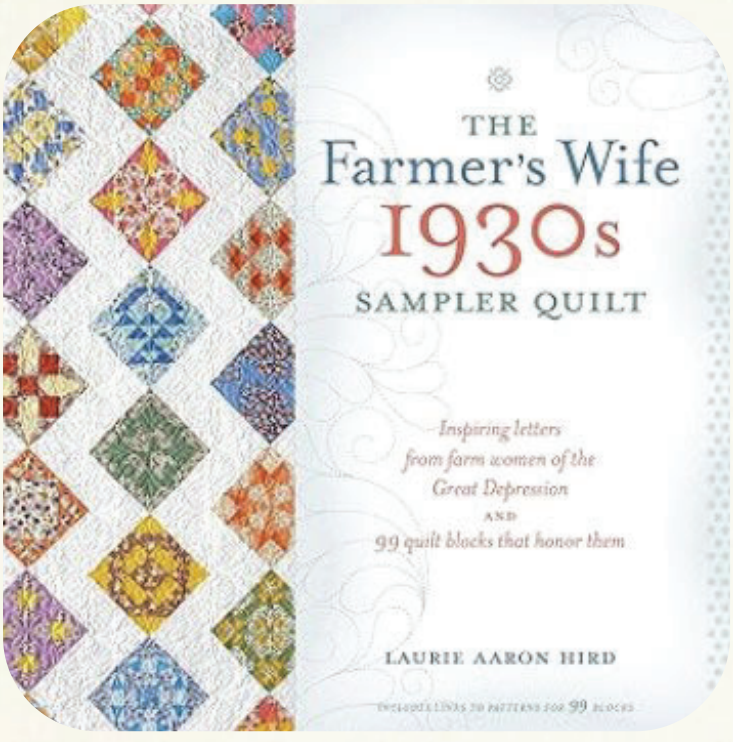
FARMER'S WIFE FRIDAYS

A YEAR-LONG QUILT ALONG





CANARY QUILTS

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Welcome to Farmer's Wife Fridays

Dear Quilting Friend,

Welcome to Farmer's Wife Fridays.

Whether you've been quilting for decades or you're just beginning your quilting journey, I am so glad you're here.

Over the next year, we'll be embarking on an adventure through two of the most beloved sampler quilt collections ever published: *The Farmer's Wife 1920s Sampler Quilt* and *The Farmer's Wife 1930s Sampler Quilt* by Laurie Aaron Hird.

At first glance, this project can feel overwhelming. There are 111 blocks in the 1920s sampler. There are nearly 100 blocks in the 1930s sampler. Some blocks are simple. Some are challenging. Some are perfectly suited to rotary cutting, while others practically beg to be foundation paper pieced.

But here's the good news:

You don't have to complete all of them today.

You don't even have to complete all of them this month.

You only have to complete the block in front of you.

That's what Farmer's Wife Fridays is all about.

Each week we'll focus on a small, manageable goal. Together we'll work through two blocks from the 1920s sampler and one bonus block from the 1930s sampler. Along the way we'll explore foundation paper piecing, templates, rotary cutting methods, fabric choices, organization strategies, EQ8 tools, and countless quilting tips that will help you build confidence with every block you complete.

By taking one week at a time, you'll be amazed at how quickly your collection of finished blocks begins to grow.

More Than Just a Quilt

One of the things I love most about sampler quilts is that they tell a story.

Each block represents a small accomplishment. Each fabric choice reflects your personality. Every seam sewn becomes part of a larger creative journey.

By the time you finish this quilt, it won't simply be a collection of 111 blocks.

It will be a record of a year spent learning, creating, problem-solving, experimenting, and growing as a quilter.

- Some of you will make your quilt in reproduction fabrics that echo the era in which these stories were first published.
- Some of you will choose modern fabrics.
- Some of you will use batiks.
- Some of you will pull from your stash.
- Some of you may even decide to make two quilts at once.
- No matter what path you choose, your quilt will become uniquely yours.

Progress, Not Perfection

If there's one thing I hope you take away from this experience, it's this:

- Perfection is not required.
- Points may occasionally be clipped.
- Seams may need to be resewn.
- A block may end up slightly smaller than intended.
- You may decide halfway through that you want to change fabrics.
- You may skip a week and catch up later.
- All of that is perfectly okay.
- This quilt along is not a race.
- It is a creative journey.
- Every finished block is a success.
- Every lesson learned is progress.
- Every week you spend creating is time well spent.
- The goal isn't perfection.
- The goal is participation.

A Community of Quilters

While quilts are often made one stitch at a time in our own sewing rooms, quilting has always been about community.

I encourage you to share your progress, ask questions, celebrate victories, and support one another throughout this project.

Some of the most valuable lessons you'll learn may come from fellow participants who discover a different technique, solve a tricky construction challenge, or simply offer encouragement when a block isn't cooperating.

The Farmer's Wife Fridays community exists because of people just like you.

Together we'll celebrate first blocks, finished rows, completed tops, and eventually finished quilts.

Tools for Success

Throughout this quilt along you'll have access to a variety of resources designed to help you stay organized and enjoy the process.

These include:

- Weekly reference sheets
- Progress trackers
- Video tutorials
- EQ8 resources
- Printable guides
- Community discussions
- Construction tips and techniques

Use as many or as few of these resources as you like. There is no right way to participate.

The best system is the one that keeps you excited to come back each week.

Looking Ahead

One year from now, I hope you'll be able to look back through your stack of completed blocks and see more than fabric and thread.

I hope you'll see skills you've developed.

Confidence you've gained.

Friendships you've made.

Challenges you've overcome.

And most importantly, a beautiful quilt that tells the story of your own creative journey.

Thank you for allowing me to be a small part of that journey.

I cannot wait to see the quilts you create.

So gather your fabrics, sharpen your rotary blade, print your weekly sheets, and get ready to pin the side you're going to sew.

Let's make something beautiful together.

Happy Quilting,

Carrie
Canary Quilts

"Pin the Side You're Going to Sew"

Meet Your Host

Hi, I'm Carrie, the quilter behind Canary Quilts.

I've been quilting for nearly 20 years, although quilting wasn't something I planned to fall in love with. My mom was the one who first started quilting, and when my children were young she would often come visit on weekends and work on her quilting projects. Over time, I found myself becoming more interested in what she was doing. What started as curiosity slowly grew into a hobby, and eventually became a true passion.

Today, I especially enjoy Foundation Paper Piecing and quilts that offer a challenge. I love intricate designs, complex construction, and projects that keep me thinking. Sampler quilts have always appealed to me because they provide variety from block to block, allowing me to learn new skills and stay engaged throughout the entire project. While I tend to gravitate toward more complex quilts, you'll often find me browsing all kinds of quilt patterns and admiring the creativity of other quilters.

One of my favorite parts of quilting is sharing the process. I enjoy teaching techniques, showing how I approach a project, and helping others gain confidence in their quilting journey. At the same time, I'm always eager to learn something new myself. One of the wonderful things about quilting is that no matter how long you've been doing it, there's always another technique, tool, or idea waiting to be discovered.

Before quilting became such a large part of my life, I earned a degree in Computer Science and spent 23 years working as an office manager in the construction industry. Both experiences taught me the value of planning, organization, problem-solving, and attention to detail. In many ways, I think building a quilt is a lot like building a structure. You start with a plan, work one piece at a time, solve challenges as they arise, and eventually create something lasting and beautiful.

I'm so glad you've decided to join me for Farmer's Wife Fridays. I look forward to learning, creating, and quilting alongside you throughout this journey.

Happy Quilting,

Carrie
Canary Quilts

Roadmap to Completion!

Farmer's Wife Fridays QAL

YOUR YEAR-LONG QUILTING JOURNEY

Over the next 52 weeks, we'll complete all 111 blocks of the *Farmer's Wife 1920s Sampler Quilt* and enjoy bonus blocks from the *Farmer's Wife 1930s Sampler Quilt*.

One week. One block. One stitch at a time.

START June 2026

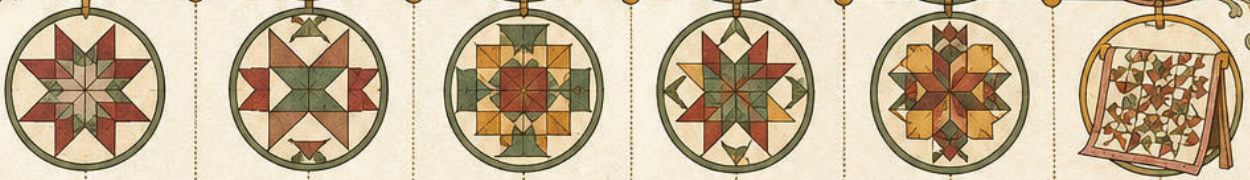
25 BLOCKS September 2026

50 BLOCKS December 2026

75 BLOCKS March 2027

111 BLOCKS May 2027

ASSEMBLY & CELEBRATION WEEK 53



WEEKS 1–12

Getting Started & Building Confidence

Milestone: 24 1920s Blocks Completed

WEEKS 13–24

Expanding Your Skills

Milestone: Nearly Half of the 1920s Blocks Completed

WEEKS 25–36

Finding Your Rhythm

Milestone: More than 70 1920s Blocks Completed

WEEKS 37–45

Advanced Blocks & Finishing the Collection

Milestone: Approaching Completion of the 111-Block Sampler

WEEKS 46–52

Crossing the Finish Line

Milestone: All 111 1920s Blocks Completed

WEEK 53

Quilt Assembly, Finishing & Celebration

Milestone: Your *Farmer's Wife* Quilt Complete!

EACH WEEK YOU'LL COMPLETE:

- Two 1920s Blocks
- One 1930s Bonus Block
- Weekly Worksheet
- Video Instruction
- Tips, Techniques & Resources
- Community Support & Encouragement

CANARY QUILTS

Farmer's Wife Fridays Roadmap

Welcome to a year-long quilting journey!

The Farmer's Wife Fridays Quilt Along is designed to help you build confidence, develop new skills, and complete one of the most beloved sampler quilts ever published. While the finished quilt may seem far away right now, remember that every completed block is a step toward the finish line.

Here's a look at the journey ahead.

Weeks 1-12

Getting Started & Building Confidence

We'll begin with many of the foundational blocks from the 1920s sampler while establishing our weekly rhythm.

Focus Areas:

- Learning the worksheet system
- Fabric selection and consistency
- Basic piecing techniques
- Beginning Foundation Paper Piecing
- Building confidence

Milestone: 24 Farmer's Wife 1920s blocks completed

Farmer's Wife Fridays Roadmap

Welcome to a year-long quilting journey!

Weeks 13-24

Expanding Your Skills

As our block collection grows, we'll encounter more variety in construction methods and block layouts.

Focus Areas:

- Improving accuracy
- Working with more complex units
- Exploring different construction approaches
- Developing a consistent workflow

Milestone: Nearly half of the 1920s blocks completed

Weeks 25-36

Finding Your Rhythm

By now you'll have developed your own quilting routine and gained confidence in your preferred construction methods.

Focus Areas:

- Refining techniques
- Improving efficiency
- Building block consistency
- Growing your sampler collection

Milestone: More than 70 Farmer's Wife 1920s blocks completed

Farmer's Wife Fridays Roadmap

Welcome to a year-long quilting journey!

Weeks 37-45

Advanced Blocks & Finishing the Collection

The final portion of the sampler introduces many of the remaining classic Farmer's Wife blocks.

Focus Areas:

- Challenging block construction
- Precision piecing
- Preparing for final assembly
- Celebrating your progress

Milestone: Approaching completion of the 111-block sampler

Weeks 46-52

Crossing the Finish Line

The final weeks complete the remaining Farmer's Wife 1920s blocks while continuing ou bonus journey through the 1930s sampler.

Focus Areas:

- Completing the final blocks
- Finishing the 111-block collection
- Reviewing progress
- Preparing for assembly and finishing

Milestone: All 111 Farmer's Wife 1920s blocks completed

Farmer's Wife Fridays Roadmap

Welcome to a year-long quilting journey!

Week 53

Assembly & Celebration

Bring all 111 blocks together into a finished quilt top, prepare for quilting and binding, and celebrate a year's worth of creativity, learning, and accomplishment.

Final Milestone: Farmer's Wife 1920s Sampler Quilt Complete

Along the Way

Each week you'll complete:

- Two Farmer's Wife 1920s blocks
- One Farmer's Wife 1930s bonus block
- Weekly worksheets
- Video instruction
- Construction tips and techniques
- Community support and encouragement

By the end of the quilt along, you'll have completed all 111 Farmer's Wife 1920s blocks and a wonderful collection of bonus Farmer's Wife 1930s blocks.

Farmer's Wife Fridays Roadmap

Welcome to a year-long quilting journey!

Remember!

- This isn't a race.
- Some weeks you'll finish immediately.
- Some weeks life may get in the way.
- Some blocks will be easy.
- Some blocks will challenge you.
- Every block completed is progress.
- Every stitch is part of the journey.

And before you know it, you'll have a quilt filled with memories, lessons learned, and a year's worth of creativity stitched into every seam.

One week.

One block.

One stitch at a time.

Getting Started

Getting Started

Welcome to Farmer's Wife Fridays!

Before Week 1 arrives, take a few minutes to get organized for success.

Your First Steps

- Obtain a copy of The Farmer's Wife 1920s Sampler Quilt
- Obtain a copy of The Farmer's Wife 1930s Sampler Quilt
- Join the Farmer's Wife Fridays Facebook Group
- Subscribe to the Canary Quilts YouTube Channel
- Download the Weekly Worksheet Bundle
- Print the Quilt Progress Tracker
- Create a project binder or project bag
- Choose your fabric collection
- Gather your quilting supplies
- Watch the EQ8 Setup Video (Optional for EQ8 Users)
- Mark Fridays on your calendar

What to Expect

Each Friday you'll receive:

- Video Instruction
  - Two Farmer's Wife 1920s Blocks
  - One Farmer's Wife 1930s Bonus Block
- Weekly Worksheet
- Construction Tips
- Community Support

How Long Will This Take?

Most participants can expect:

1 to 3 hours per week
More time for detailed foundation paper piecing blocks
Less time for traditional pieced blocks

Remember:

You do not have to stay perfectly on schedule.

Work at your own pace and enjoy the journey.

Materials & Supplies Checklist

Materials & Supplies Checklist

One of the great things about the Farmer's Wife Sampler quilts is that you can make them with the tools you already own. While a few specialty items can make the process easier, most participants will already have everything they need to get started.

Required Materials

Books

- The Farmer's Wife 1920s Sampler Quilt by Laurie Aaron Hird
- The Farmer's Wife 1930s Sampler Quilt by Laurie Aaron Hird

Fabric

- Fabric for quilt blocks
- Fabric for sashing
- Fabric for cornerstones
- Fabric for borders
- Binding fabric
- Backing fabric

Basic Sewing Supplies

- Sewing machine
- Rotary cutter
- Self-healing cutting mat
- Quilting ruler
- Iron
- Ironing surface
- Pins or clips
- Neutral piecing thread
- Seam ripper
- Fabric marking tool
- Sharp fabric scissors

Materials & Supplies Checklist

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Recommended Supplies

These items are not required but can make construction easier and more enjoyable.

- Add-A-Quarter ruler
- Foundation paper
- Glue stick for foundation paper piecing
- Small rotary cutter
- Fine-point tweezers
- Design wall
- Task lighting
- Starch or pressing spray
- Extra rotary blades
- Small storage containers for block pieces

Organization Supplies

Keeping organized throughout a year-long project can make a huge difference.

- Three-ring binder
- Divider tabs
- Printed weekly worksheets
- Quilt progress tracker
- Project notebook
- Project bags
- Labels for completed blocks

Optional Technology Tools

These tools are completely optional but may be helpful.

- EQ8 Quilt Design Software
- Printer
- Tablet or second monitor
- Smartphone for accessing video tutorials
- QR code reader

Materials & Supplies Checklist

One of the great things about the Farmer's Wife Sampler quilts is that you can make them with the tools you already own. While a few specialty items can make the process easier, most participants will already have everything they need to get started.

Before Week 1

Use this quick checklist before beginning your first blocks.

□ Books acquired

□ Fabric selected

□ Supplies gathered

□ Progress tracker printed

□ Weekly worksheets downloaded

□ Facebook group joined

□ YouTube playlist bookmarked

□ Workspace prepared

□ Ready to begin!

Remember: You do not need every tool on this list to be successful. Start with the basics, a dd specialty tools only if they make your quilting experience more enjoyable, and focus on making progress one block at a time.

Choosing Your Fabrics

Choosing Your Fabrics

One of the most exciting parts of any quilt project is selecting fabrics.

The wonderful thing about the Farmer's Wife Sampler quilts is that there is no single "correct" fabric choice. These blocks have been recreated in everything from traditional reproduction prints to bright modern fabrics, batiks, solids, scraps, and curated fabric collections.

The quilt you create should reflect your own style and bring you joy every time you sit down to sew.

Start With a Vision

Before purchasing fabric or digging through your stash, take a moment to think about the finished quilt.

Ask yourself:

- Do I want a traditional look?
- Do I want a modern look?
- Do I want a colorful sampler?
- Do I want a limited color palette?
- Do I want high contrast?
- Do I want a soft, blended appearance?
- Will this quilt be displayed or used every day?

The answers to these questions can help guide your fabric choices throughout the project.

Choosing Your Fabrics

Fabric Approaches

Reproduction Fabrics

Many quilters enjoy using reproduction fabrics that reflect the time periods represented by the books.

Benefits:

- Historically inspired appearance
- Traditional sampler look
- Timeless aesthetic

Modern Prints

Modern fabrics can create a completely different personality while still honoring the traditional block designs.

Benefits:

- Bold colors
- Contemporary feel
- Unique interpretation of classic blocks

Batiks

Batiks work beautifully in sampler quilts because they often provide strong contrast and rich color variation.

Benefits:

- Excellent definition
- Rich color depth
- Minimal directional prints

Choosing Your Fabrics

Fabric Approaches

Solids

Solids allow the block designs themselves to become the star of the quilt.

Benefits:

- Crisp block definition
- Modern appearance
- Strong graphic impact

Scrappy Quilts

A scrappy Farmer's Wife quilt can become a wonderful memory quilt and stash-busting project.

Benefits:

- Uses fabrics you already own
- Unique from block to block
- Charming vintage feel

Choosing Your Fabrics

Fabric Approaches

Choosing Background Fabrics

Many participants find it helpful to select a consistent background fabric.

A consistent background can:

- Unify the quilt
- Reduce decision fatigue
- Make the block designs stand out

Popular choices include:

- Cream
- Ivory
- White
- Light gray
- Soft beige

However, there is no rule that says every block must use the same background fabric.

Consider Contrast

Strong contrast is often the secret to successful sampler quilts.

Before cutting fabric, ask yourself:

Can I easily distinguish the pieces from one another?

Blocks that contain many small pieces typically benefit from greater contrast between fabrics.

When in doubt, take a photo of your fabric pull and convert it to black and white. If the fabrics still stand apart from one another, your contrast is likely strong enough.

Choosing Your Fabrics

Fabric Approaches

Planning for a Year-Long Project

Because this quilt along spans an entire year, it may be helpful to purchase extra fabric from your chosen collection if possible.

If additional fabric becomes unavailable later, having a little extra on hand can save frustration during assembly and finishing.

If you're using stash fabrics, consider setting aside a dedicated project bin so your selected fabrics remain available throughout the quilt along.

Most Important of All

- There is no perfect fabric collection.
- There is no perfect color palette.
- There is only the quilt that makes you excited to sew the next block.
- Choose fabrics that make you smile.
- Trust your instincts.
- Allow your quilt to evolve as you go.
- And remember, every Farmer's Wife quilt tells the story of the person who made it.
- Your story is the one that matters most.

□ Fabric style selected

□ Background fabric selected

□ Fabric storage plan established

□ Ready for Week 1

Organizing Your Quilt Along

Organizing Your Quilt Along

The Farmer's Wife Sampler is not a weekend project.

With 111 blocks in the 1920s quilt and bonus blocks from the 1930s collection, you'll be working on this project throughout the year. A little organization at the beginning can make the entire experience more enjoyable.

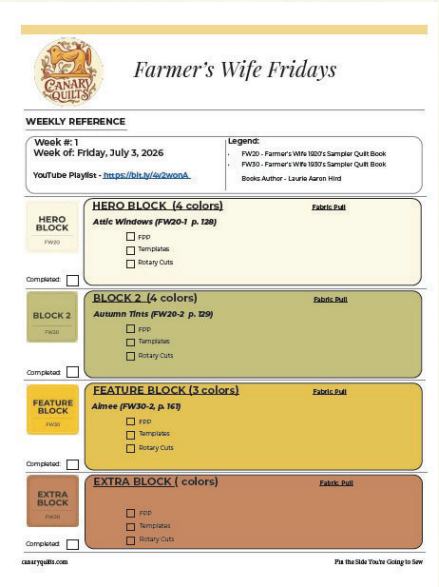
The goal is not to create a perfect system.

The goal is to create a system that helps you stay excited and motivated week after week.

Option 1: The Binder System

Many participants find it helpful to keep all project information together in a dedicated binder.

Suggested Sections:



Welcome Packet

- Welcome Letter
- Supply Lists
- Fabric Planning Pages

Weekly Worksheets

- Current week's worksheet
- Completed worksheets
- Notes and adjustments

Farmer's Wife Fridays

WEEKLY REFERENCE

Week #: 1
Week of: Friday, July 3, 2026

YouTube Playlist - https://bit.ly/4r2wonA

Legend:

- FW20 - Farmer's Wife 1920's Sampler Quilt Book
- FW30 - Farmer's Wife 1930's Sampler Quilt Book

Books Author - Laurie Aaron Hird

HERO BLOCK
FW20

HERO BLOCK (4 colors)

Fabric Pull

Attic Windows (FW20-1 p. 128)

- ☐ FPP
- ☐ Templates
- ☐ Rotary Cuts

Completed: ☐

BLOCK 2
FW20

BLOCK 2 (4 colors)

Fabric Pull

Autumn Tints (FW20-2 p. 129)

- ☐ FPP
- ☐ Templates
- ☐ Rotary Cuts

Completed: ☐

FEATURE BLOCK
FW30

FEATURE BLOCK (3 colors)

Fabric Pull

Aimee (FW30-2, p. 161)

- ☐ FPP
- ☐ Templates
- ☐ Rotary Cuts

Completed: ☐

EXTRA BLOCK
FW30

EXTRA BLOCK (colors)

Fabric Pull

- ☐ FPP
- ☐ Templates
- ☐ Rotary Cuts

Completed: ☐

Organizing Your Quilt Along

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Option 1: The Binder System cont.

Progress Tracking

- Quilt Progress Tracker
- Monthly Milestones
- Block Completion Log

Notes & Ideas

- Fabric swatches
- Design changes
- Future ideas
- Helpful tips

Finishing Information

- Sashing notes
- Border notes
- Assembly instructions

Organizing Your Quilt Along

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Option 2: The Project Bag System

Project bags can make it easy to keep pieces organized and portable.

Suggested Setup:

Small Project Bag

For:

- Templates
- Foundation papers
- Current week's worksheet
- Small notions

Medium Project Bag

For:

- Completed blocks
- Pressed blocks awaiting trimming
- Weekly block sets

Organizing Your Quilt Along

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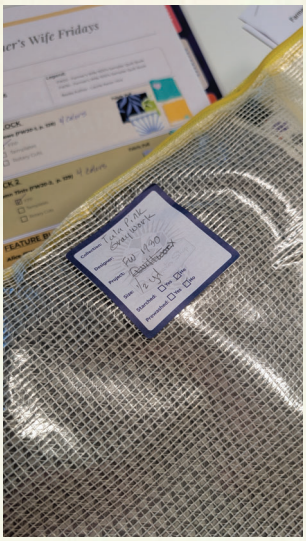
Suggested Setup:



Large Project Bag

For:

- Fabric pull
- Background fabrics
- Sashing fabrics
- Border fabrics

Label Everything

As your collection of completed blocks grows, labeling becomes increasingly important.

Consider labeling:

- ☐ Completed blocks
- ☐ Weekly packets
- ☐ Fabric pulls
- ☐ Templates
- ☐ Foundation papers
- ☐ Storage containers

A few moments spent organizing now can save hours of searching later.

Organizing Your Quilt Along

The Farmer's Wife Sampler is not a weekend project.

With 111 blocks in the 1920s quilt and bonus blocks from the 1930s collection, you'll be working on this project throughout the year. A little organization at the beginning can make the entire experience more enjoyable.

Track Your Progress

Progress trackers are included because they help transform a large project into a series of small victories.

Coloring in completed blocks, checking off weekly goals, and watching your quilt slowly come together can be incredibly motivating.

Remember:

You don't need to finish everything immediately.

You only need to keep moving forward.

One block at a time.

Organizing Your Quilt Along

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With 111 blocks in the 1920s quilt and bonus blocks from the 1930s collection, you'll be working on this project throughout the year. A little organization at the beginning can make the entire experience more enjoyable.

Create a Sewing Routine

Many successful participants find it helpful to establish a weekly rhythm.

For example:

- Friday:
  - Watch the new video.
- Weekend:
  - Cut fabrics.
- During the Week:
  - Sew blocks.
- End of Week:
  - Press, trim, and update your tracker.

There is no right schedule.

Choose the rhythm that works best for your life.

Organizing Your Quilt Along

The Farmer's Wife Sampler is not a weekend project.

With 111 blocks in the 1920s quilt and bonus blocks from the 1930s collection, you'll be working on this project throughout the year. A little organization at the beginning can make the entire experience more enjoyable.

Make the System Work for You

Whether you use binders, project bags, baskets, drawers, folders, or a combination of methods, the best organization system is the one you'll actually use.

Keep it simple.

Keep it accessible.

And leave room for creativity.

□ Organization method selected

□ Binder assembled

□ Project bags prepared

□ Progress tracker printed

□ Ready for Week 1

Understanding the Weekly Worksheets

Understanding the Weekly Worksheets

One of the most valuable tools included in Farmer's Wife Fridays is the Weekly Worksheet.

Each worksheet has been designed to help you stay organized, track your progress, and quickly locate the information you'll need throughout the quilt along.

Whether you keep your worksheets in a binder, page protector, project bag, or digital folder, they can serve as your roadmap from the first block to the final quilt assembly.

What You'll Find on Every Worksheet

Each week includes a carefully selected group of blocks designed to keep the project moving at a manageable pace.

Hero Block

The Hero Block is the primary block featured during the week's lesson. This block will always come from the Farmer's Wife 1920s Sampler Quilt.

This is usually the block that receives the most detailed instruction and discussion.

The Hero Block may introduce:

- New construction techniques
- Challenging piecing
- Foundation paper piecing opportunities
- Interesting design elements

Think of the Hero Block as the week's featured attraction.

Understanding the Weekly Worksheets

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Block 2

The second Farmer's Wife 1920s block is designed to accompany the Hero Block.

Sometimes it reinforces skills you've already learned.

Sometimes it introduces a slightly different construction method.

Together, these two blocks help us steadily progress through all 111 blocks of the 1920s sampler.

Feature Block

The Feature Block comes from the Farmer's Wife 1930s collection.

These bonus blocks provide additional variety throughout the year and offer opportunities to explore another beloved Farmer's Wife sampler.

Many participants enjoy using these blocks as:

- Companion projects
- Practice blocks
- Additional learning opportunities
- Future quilt projects

Understanding the Weekly Worksheets

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Whether you keep your worksheets in a binder, page protector, project bag, or digital folder, they can serve as your roadmap from the first block to the final quilt assembly.

Extra Blocks

Occasionally you'll see an Extra Block listed on the worksheet.

These blocks are included to help balance the schedule and ensure all 111 blocks are completed by the end of the quilt along.

Extra blocks may be assigned during certain weeks later in the program.

Book References

Each worksheet includes page references for both books.

These references allow you to quickly locate:

- Block diagrams
- Templates
- Construction information

No more searching through hundreds of pages trying to remember where a block is located.

Understanding the Weekly Worksheets

One of the most valuable tools included in Farmer's Wife Fridays is the Weekly Worksheet.

Each worksheet has been designed to help you stay organized, track your progress, and quickly locate the information you'll need throughout the quilt along.

Whether you keep your worksheets in a binder, page protector, project bag, or digital folder, they can serve as your roadmap from the first block to the final quilt assembly.

Weekly Notes Section

You can use the back of your sheet for notes!

Use it to record:

- FPP Cut Sizes
- Construction adjustments
- Helpful tips
- Video timestamps
- Lessons learned
- Ideas for future projects

Many participants find that these notes become invaluable when assembling the quilt later.

Understanding the Weekly Worksheets

One of the most valuable tools included in Farmer's Wife Fridays is the Weekly Worksheet.

Each worksheet has been designed to help you stay organized, track your progress, and quickly locate the information you'll need throughout the quilt along.

Whether you keep your worksheets in a binder, page protector, project bag, or digital folder, they can serve as your roadmap from the first block to the final quilt assembly.

Video Resources

Each worksheet includes space for a link to the Farmer's Wife Fridays Playlist.

These resources provide additional guidance and demonstrations beyond what is included in the books.

If you ever find yourself stuck on a block, the videos can often help clarify construction steps and offer alternative approaches.

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Make the Worksheets Your Own

There is no right or wrong way to use these worksheets.

- Highlight them.
- Write on them.
- Add fabric swatches.
- Make notes.
- Track progress.

The worksheets are meant to work for you and support your quilting journey throughout the year.

The more you use them, the more valuable they become.

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Weekly Worksheet Checklist

Before beginning a new week:

- ☐ Print or download the worksheet
- ☐ Review the assigned blocks
- ☐ Locate the blocks in your books
- ☐ Pull fabrics
- ☐ Watch the video if desired
- ☐ Complete the blocks
- ☐ Update your progress tracker
- ☐ Celebrate another successful week

One worksheet at a time.

One block at a time.

One stitch at a time.

That's how a sampler quilt comes together.

Construction Methods & Making the Quilt Your Own

Construction Methods & Making the Quilt Your Own

One of the most common questions asked about the Farmer's Wife Sampler quilts is:

"What is the best way to make these blocks?"

The answer is simple:

The best method is the one that works for you.

Throughout this quilt along, you'll see blocks constructed using a variety of techniques. Some blocks are ideal for rotary cutting. Others may be easier using templates. Many quilters prefer foundation paper piecing for complex or highly detailed blocks.

There is no requirement that every participant use the same method.

The goal is to create a quilt you enjoy making.

Foundation Paper Piecing (FPP)

Foundation Paper Piecing is one of the most popular methods used for Farmer's Wife blocks.

Benefits include:

- Excellent accuracy
- Sharp points
- Precise seams
- Easier construction of complex shapes
- Helpful for small pieces

Many participants choose to foundation paper piece most or all of their blocks.

If you're new to FPP, don't worry.

We'll cover techniques, tips, and troubleshooting throughout the quilt along.

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Template Piecing

Many of the original Farmer's Wife blocks were drafted using templates.

Benefits include:

- Traditional construction
- Historical authenticity
- Excellent for unusual shapes
- Flexible fabric placement

Template piecing remains a wonderful option for quilters who enjoy a more traditional approach.

Rotary Cutting

Many blocks can be constructed entirely with rotary-cut pieces.

Benefits include:

- Fast preparation
- Familiar techniques
- Minimal paper usage
- Efficient cutting

Rotary cutting is often the preferred choice for simpler block designs.

Construction Methods & Making the Quilt Your Own

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"What is the best way to make these blocks?"

The answer is simple:

The best method is the one that works for you.

Mixing Methods

You do not need to choose a single construction method for the entire quilt.

Many quilters successfully combine:

- Foundation Paper Piecing
- Templates
- Rotary Cutting

within the same project.

Use whatever method makes each block enjoyable and successful.

Accuracy Matters More Than Method

Whether you choose FPP, templates, or rotary cutting, the most important goal is consistency.

Take your time.
Press carefully.
Check measurements.
Trim when necessary.

A block made with confidence is far more important than the method used to create it.

Construction Methods & Making the Quilt Your Own

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"What is the best way to make these blocks?"

The answer is simple:

The best method is the one that works for you.

Your Quilt, Your Rules

This quilt along is designed to provide guidance, resources, and encouragement.

It is not a set of rigid rules.

You may:

✓ Change colors

✓ Change fabrics

✓ Skip bonus blocks

✓ Add extra blocks

✓ Substitute techniques

✓ Customize your quilt

✓ Work ahead

✓ Catch up later

Every Farmer's Wife quilt becomes a reflection of the person who made it.

Allow your quilt to tell your story.

Before Week 1

- ☐ Books acquired
- ☐ Fabric chosen
- ☐ Supplies gathered
- ☐ Weekly worksheets downloaded
- ☐ Progress tracker printed
- ☐ Facebook group joined
- ☐ YouTube channel subscribed
- ☐ Binder prepared
- ☐ Project bags organized
- ☐ Ready for Week 1

Resources & Community

Resources & Community

One of the best parts of participating in a quilt along is knowing that you're not quilting alone.

Throughout Farmer's Wife Fridays, you'll have access to a growing collection of resources, tutorials, worksheets, and community support designed to help you every step of the way.

Whether you're looking for inspiration, troubleshooting a difficult block, or celebrating a milestone, these resources are here for you.

Canary Quilts Website

The Canary Quilts website serves as the central hub for the Farmer's Wife Fridays Quilt Along.

There you'll find:

- Downloadable resources
- Project updates
- Helpful tutorials
- Quilt along announcements
- Additional quilting content

Bookmark the website so it's always easy to find the latest information.

Website: https://canaryquilts.com/

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YouTube Video Tutorials

Every week includes a companion video designed to walk you through the assigned blocks and techniques.

Videos may include:

- Block construction demonstrations
- Foundation paper piecing tips
- Fabric selection ideas
- Organization suggestions
- EQ8 tutorials
- Common troubleshooting solutions

Watch the videos before sewing, during construction, or whenever you need a little extra guidance.

YouTube Channel: https://www.youtube.com/channel/UCMT9vfMnNM33BB8q6hkYI2w

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Farmer's Wife Fridays Facebook Group

The Facebook Group is where the community comes together.

This is the perfect place to:

- Share your completed blocks
- Ask questions
- Show fabric selections
- Celebrate milestones
- Find encouragement
- Learn from fellow participants

Remember that every participant is at a different stage of their quilting journey.

Let's encourage one another and celebrate progress together.

Facebook Group: https://www.facebook.com/groups/986975037529332

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Free Resource Library

Throughout the quilt along, additional resources may become available.

These may include:

- Progress trackers
- Organization printables
- Bonus worksheets
- Technique guides
- Project planners
- Additional helpful downloads

Be sure to check the Resource Library periodically for new additions.

Resource Library: https://canaryquilts.com/farmers-wife-resource-page/

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EQ8 Resources

For participants using EQ8, additional support materials may be provided throughout the quilt along.

Topics may include:

- Quilt setup
- Block libraries
- Photo placement
- Coloring options
- Project organization

EQ8 is completely optional, but it can be a wonderful planning tool for those who enjoy digital quilt design.

Resources & Community

Need Help?

If you become stuck on a block, confused by a technique, or unsure how to proceed, don't hesitate to reach out through the available community channels.

Chances are someone else has encountered the same question and can help point you in the right direction.

Remember:

Every experienced quilter was once a beginner.

Questions are part of the learning process.

Celebrate Your Progress

As the weeks pass and your collection of blocks grows, take time to celebrate your accomplishments.

Share your blocks.

Post your progress.

Encourage others.

Most importantly, enjoy the journey.

A quilt along is about much more than the finished quilt.

It's about the friendships formed, the skills developed, and the memories created along the way.

Resources & Community

Quick Reference

☐ Website bookmarked

☐ YouTube channel subscribed

☐ Facebook group joined

☐ Resource library saved

☐ Progress tracker printed

☐ Ready for Week 1

Thank you for being part of Farmer's Wife Fridays.

I can't wait to see the beautiful quilts you'll create.

Happy Quilting!

Carrie
Canary Quilts

Farmer's Wife Fridays - Quick Start QR Codes

	Facebook Group
	YouTube Channel
	Weekly Worksheets
	Resource Hub
	EQ8 Setup Video