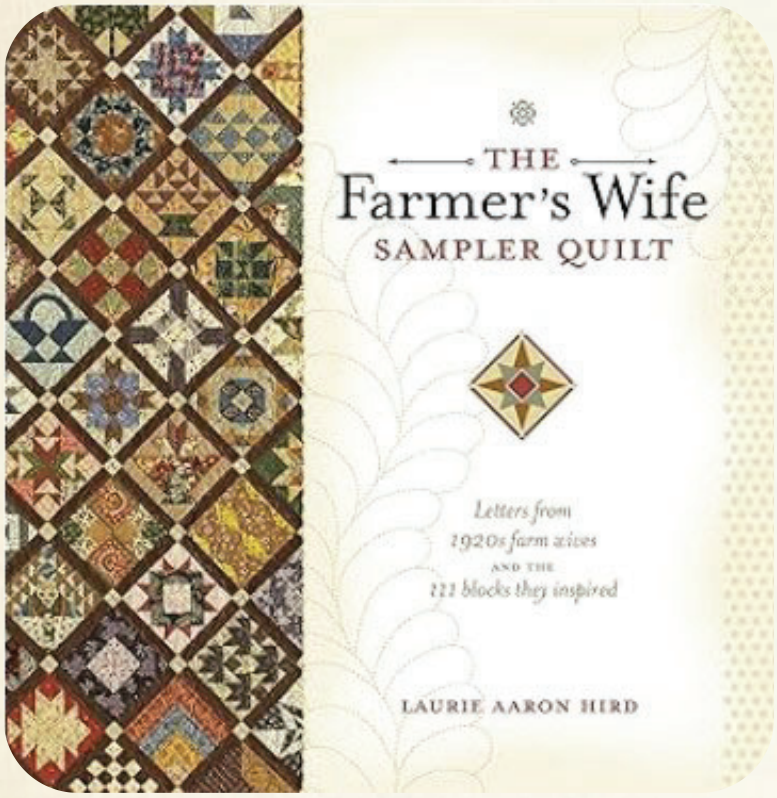
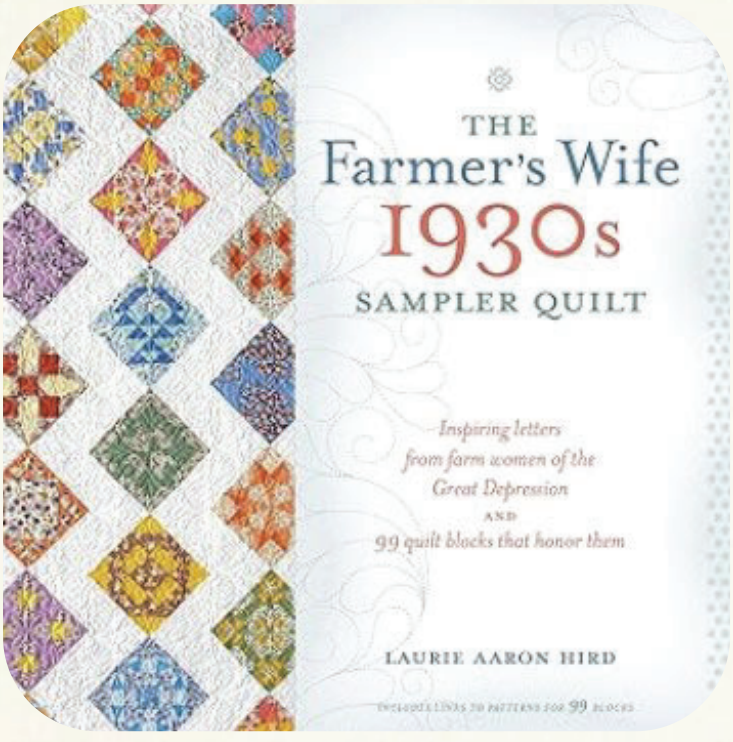
FARMER'S WIFE FRIDAYS

A YEAR-LONG QUILT ALONG





CANARY QUILTS

Farmer's Wife Fridays Quick Start Guide

1920s Sampler Quilt Along & 1930's Sampler Blocks

Welcome to Farmer's Wife Fridays!

Over the next year, we'll work together to complete all 111 blocks from the Farmer's Wife 1920s Sampler Quilt while exploring bonus blocks from the Farmer's Wife 1930s Sampler Quilt along the way.

Whether you're an experienced quilter or tackling your first sampler quilt, this guide will help you get organized and ready for Week 1.

Remember:

One week. Two blocks. One stitch at a time.

Start Here

Before Week 1 arrives, complete the following steps:

- ☐ Obtain your Farmer's Wife 1920s Sampler Quilt book
- ☐ Obtain your Farmer's Wife 1930s Sampler Quilt book
- ☐ Join the Farmer's Wife Fridays Facebook Group
- ☐ Subscribe to the Canary Quilts YouTube Channel
- ☐ Download the Weekly Worksheet Bundle
- ☐ Print the Quilt Progress Tracker
- ☐ Choose your fabrics
- ☐ Gather your quilting supplies

Once these steps are complete, you're ready to begin!

What Happens Each Week?

- Every Friday you'll receive:
- Two Farmer's Wife 1920s Blocks
- One Farmer's Wife 1930s Bonus Block
- Weekly Worksheet
- Video Tutorial
- Construction Tips & Techniques
- Community Support & Encouragement
- Most participants spend approximately:
- 1-3 hours per week
- Some blocks will be quick.
- Some blocks will be challenging.
- Every block moves you closer to a finished quilt.

Choose Your Organization Method

A year-long quilt project is much easier when you have a simple organization system.

Option 1: Binder System

Store:

• Weekly Worksheets
• Progress Tracker
• Notes
• Fabric Information
• Project Resources

Option 2: Project Bag System

Store:

• Fabric Pull
• Templates
• Foundation Papers
• Completed Blocks
• Current Week's Materials

Option 3: Hybrid System

Many participants use both:

✓ Binder for paperwork

✓ Project bags for fabric and blocks

Choose the method that works best for you.

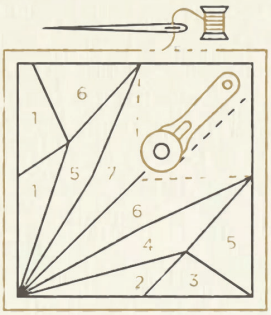
Essential Supplies Required

- ☐ The Farmer's Wife 1920s Sampler Quilt Book
- ☐ The Farmer's Wife 1930s Sampler Quilt Book
- ☐ Sewing Machine
- ☐ Rotary Cutter
- ☐ Cutting Mat
- ☐ Quilting Ruler
- ☐ Iron
- ☐ Ironing Surface
- ☐ Fabric
- ☐ Thread

Helpful but Optional

- ☐ Add-A-Quarter Ruler
- ☐ Foundation Paper
- ☐ Glue Stick
- ☐ Design Wall
- ☐ Project Bags
- ☐ EQ8 Quilt Design Software

Construction Methods



- ☐ Foundation Paper Piecing Pattern
- ☐ Rotary Cutting
- ☐ Templates

Choose your method... or mix and match!

Remember:

You do not need every quilting tool available to successfully complete this quilt along.

New to Foundation Paper Piecing?

No experience required!

Many participants will be learning Foundation Paper Piecing for the first time during this quilt along. Video tutorials, tips, and guidance will be provided throughout the year.

Use FPP, templates, rotary cutting, or a combination of methods. There is no single "right" way to make a Farmer's Wife quilt.

The goal is progress, not perfection.

Understanding the Weekly Worksheet

Each week includes a worksheet designed to keep you organized.

The worksheet contains:

Hero Block

- The featured Farmer's Wife
- 1920s block for the week.

Block 2

- A second Farmer's Wife
- 1920s block.

Feature Block

- A bonus block from the
- Farmer's Wife 1930s Sampler Quilt.

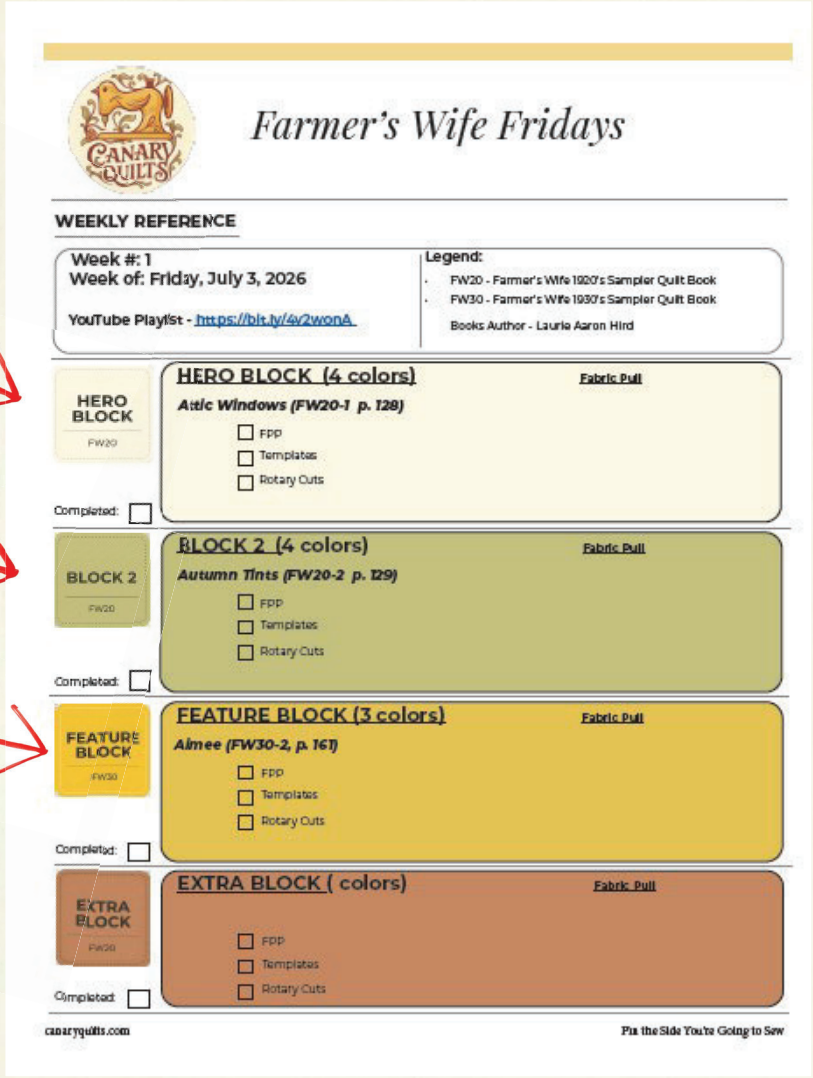
Book References

- Quick access to block locations in the books.

Completion Check boxes

Track your progress throughout the year.

The worksheet becomes your roadmap for each week's sewing.



Year at a Glance

Weeks 1-12

Getting Started & Building Confidence

Weeks 13-24

Expanding Your Skills

Weeks 25-36

Finding Your Rhythm

Weeks 37-45

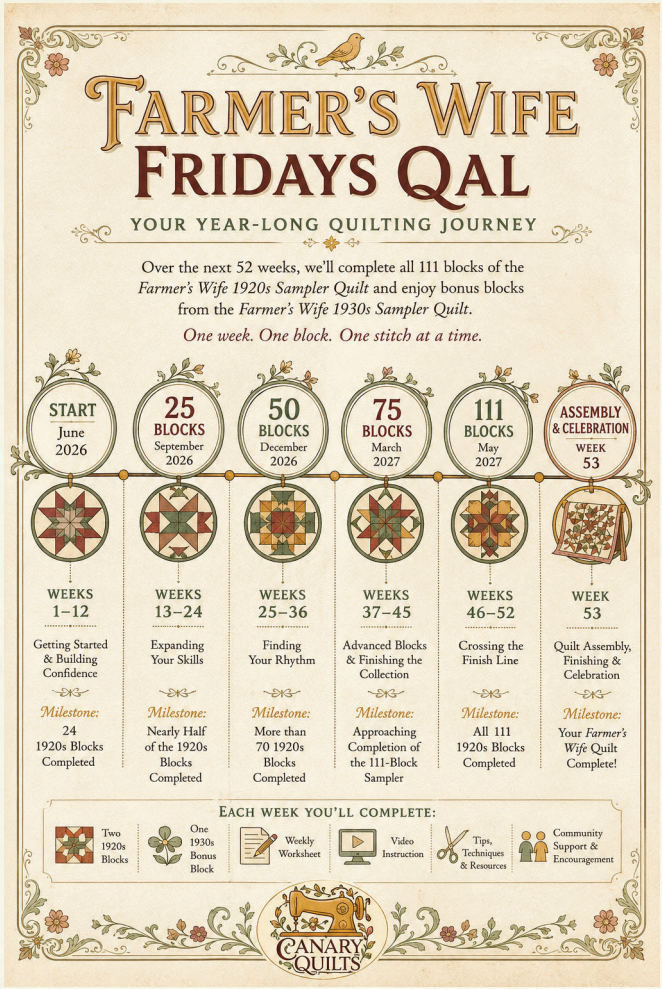
Advanced Blocks & Finishing the Collection

Weeks 46-52

Crossing the Finish Line

Week 53

Assembly & Celebration



By the end of the quilt along, you'll have completed:

✓ All 111 Farmer's Wife 1920s Blocks

✓ A collection of Farmer's Wife 1930s Bonus Blocks

✓ A year's worth of quilting memories

Ready for Week 1?

Before Week 1 make sure you've completed the following:

□ Books obtained

□ Fabric selected

□ Supplies gathered

□ Facebook group joined

□ YouTube channel subscribed

□ Worksheets downloaded

□ Progress tracker printed

□ Organization system chosen

□ Sewing space prepared

□ Ready to begin

Welcome to Farmer's Wife Fridays

This isn't a race.

There is no perfect fabric collection.

There is no perfect construction method.

There is no perfect pace.

There is only your quilt, your journey, and your story.

Enjoy the process.

Celebrate your progress.

Learn new skills.

Make new friends.

And most importantly, have fun.

Ready?

Grab your fabrics, print your first worksheet, and I'll see you in Week 1.

Happy Quilting!

Carrie Dunn
Canary Quilts

Farmer's Wife Fridays Resources

Scan any code below to quickly access the resources you'll need throughout the quilt along.

Farmer's Wife Fridays - Quick Start QR Codes

	Facebook Group
	YouTube Channel
	Weekly Worksheets
	Resource Hub
	EQ8 Setup Video